



CORNWALL NEWSLETTER

2025 MAY



SUN	MON	TUE	WED	THU	FRI	SAT
Self Defense	28	29	30	1	2	3 Black Belt Seminar #2
Pattern Sparring						
B-Kick B-Hand						
A-Basic B-Punch						
4	5	6	7	8	9	10 Black Belt Seminar #3 SON's TKD Premier Championships
	KICKING (White to Yellow) & SPARRING WEEK (Green str. and up)					
11 Mother's Day	12	13	14	15	16	17 Black Belt Seminar #4 23 rd Black Belt Test
18	19 SCHOOL CLOSED -Victoria Day-	20	21	22	23 139 th Teens & Adults Colour Belt Test	24 139 th Tots & Juniors Colour Belt Test
	Stripe Week / Testing Review Week					
25	26	27	28	29	30 Sts. Peter & Paul CES Annual BBQ	31 Wedgewood Funfair

SCHOOL CLOSURE

MONDAY, MAY 19

*In observance of Victoria Day
(No makeup class for holiday closure)

MOTHER'S MONTH SPECIAL

A Special Gift to Moms:

FREE MEMBERSHIP + FREE T-SHIRT
FOR THE MONTH OF MAY!

*Register at the Front Desk by **May 31** (new members only).

SON'S PREMIER TAEKWONDO CHAMPIONSHIPS

SATURDAY, MAY 10

@ Save Max Sports Centre, Brampton
(students must bring their gear and wear a full uniform)

139th COLOUR BELT TEST

TEENS & ADULTS

FRI, MAY 23
@ 8:30 PM

TIGER TOTS & JR WHITE

SAT, MAY 24
@ 2:30 PM

JR YELLOW ST & UP

SAT, MAY 24
@ 2:30 PM

23rd BLACK BELT TEST

SATURDAY, MAY 17

2:00 pm – 3:15 pm @ Cornwall Location

Seminar 1: April 26 | Seminar 2: May 3

Seminar 3: May 10 | Seminar 4: May 17

KICKING & SPARRING WEEK

MON, MAY 05 – SAT, MAY 10

(Green St & Up, Must bring gear)