



DYNAMIC
TAEKWONDO

DUNDAS NEWSLETTER

MAY 2025



HAPPY
VICTORIA DAY

SUN	MON	TUE	WED	THU	FRI	SAT
Self Defense Pattern Kick Basic Hand Sparring Punch	28	29	30	1	2	3 BB SEMINAR #2
4	5	6	7	8	9	10 BB SEMINAR #3 (SPARRING TEST) SON'S TKD CHMPSPH
KICKING (White to Yellow Belts) & SPARRING WEEK (Green Str. and Up)						
11	12	13	14	15	16	17 23 RD BLACK BELT TEST
18	19 VICTORIA DAY (SCHOOL CLOSED)	20	21	22	23 139 TH BELT TEST (TEENS/ADULTS)	24 139 TH BELT TEST (TOTS+JUNIORS)
STRIPE WEEK & TESTING REVIEW WEEK						
25 FUNFAIR DEMO PRACTICE	26 BELT PRESENTATION	27	28	29	30 DEMO @ STS. PETER & PAUL CES FUNFAIR	31 DEMO @ WEDGEWOOD JS FUNFAIR

MOTHER'S MONTH

A special gift to moms: **FREE T-SHIRT + FREE MEMBERSHIP FOR THE MONTH OF MAY!**

* Please visit front desk to register

KICKING & SPARRING WEEK

MON, MAY 5 – SAT, MAY 10

Green Stripes & higher, bring your sparring gear!

SON'S TKD CHAMPIONSHIPS

SATURDAY, MAY 10

@ SaveMax Sports Centre, Brampton

* Competitors must attend training session on **Apr 27**

SCHOOL CLOSURE

MONDAY, MAY 19

School closed in observance of **Victoria Day** holiday

23RD BLACK BELT TEST

SATURDAY, MAY 17

3:30PM @ Cornwall Location

139TH COLOUR BELT TEST

TEENS & ADULTS **FRI, MAY 23 @ 8:40PM**

TIGER TOTS **SAT, MAY 24 @ 1:45PM**

JR. WHITE & YELLOW **SAT, MAY 24 @ 2:30PM**

JR. GREEN ST & GREEN **SAT, MAY 24 @ 3:30PM**

JR. BLUE ST & UP **SAT, MAY 24 @ 4:30PM**

139TH BELT PRESENTATION

MONDAY, MAY 26 (5:30–7:00 PM)

* Presentation of new belts, certificates and awards

* Please wear your full white uniform and current belt

(Classes cancelled for Jr. Yellow Belts & Up)