



CORNWALL NEWSLETTER

2025 APRIL



SUN	MON	TUE	WED	THU	FRI	SAT
Self Defense	31	1	2	3	4	5
Pattern Sparring						
B-Kick B-Hand						
A-Basic B-Punch						
6	7	8	9	10	11 138 th Teens & Adults Colour Belt Test	12 138 th Tots & Juniors Colour Belt Test
Stripe Week / Testing Review Week						
13	14	15	16	17 EGG HUNT CLASS	18 SCHOOL CLOSED -Good Friday-	19 WE ARE OPEN
20	21 WE ARE OPEN	22	23	24	25	26 BLACK Belt Seminar #1
KICKING (White to Yellow) & SPARRING WEEK (Green str. and up)						
27	28	29	30	1	2	3 BLACK Belt Seminar #2

SCHOOL CLOSURE

FRIDAY, APRIL 18

*In observance of Good Friday
(No makeup class for holiday closure)

EGG HUNT CLASS

THURSDAY, APR 17

TIME: Your regular class time
*Reserve your spot at the Zen Planner

KICKING & SPARRING WEEK

MON, APR 21 – SAT, APR 26

(Green St & Up, Must bring gear)

138th COLOUR BELT TEST

TEENS
& ADULTS

FRI, APR 11
@ 8:30 PM

TIGER TOTS
& JR WHITE

SAT, APR 12
@ 2:30 PM

JR YELLOW ST
& UP

SAT, APR 12
@ 2:30 PM

FULL UNIFORM

To maintain the integrity and structure of our school, please wear your **FULL WHITE UNIFORM** during class from **NOVEMBER** to **APRIL**.