



DYNAMIC TAEKWONDO CLASS SCHEDULE - DUNDAS

<Effective FEBRUARY 2025>

905-277-5425 / WWW.CANADATKD.COM / 1590 DUNDAS ST. EAST, UNIT 206

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>4:00 - 4:40</u> ~ JUNIOR ~ WHITE TO YELLOW ST	<u>4:00 - 4:30</u> ~TIGER TOTS~ Age 4 & 5	<u>4:00 - 4:40</u> ~ JUNIOR ~ YELLOW TO GREEN ST	<u>4:00 - 4:30</u> ~TIGER TOTS~ Age 4 & 5	<u>4:00 - 4:40</u> ~ JUNIOR ~ WHITE TO YELLOW ST	<u>9:30 - 10:10</u> ~ JUNIOR ~ WHITE TO YELLOW ST
<u>4:40 - 5:10</u> ~TIGER TOTS~ Age 4 & 5	<u>4:30 - 5:10</u> ~ JUNIOR ~ GREEN TO BLUE ST	<u>4:40 - 5:20</u> ~ JUNIOR ~ BLUE TO RED	<u>4:30 - 5:10</u> ~ JUNIOR ~ GREEN TO BLUE ST	<u>4:40 - 5:10</u> ~TIGER TOTS~ Age 4 & 5	<u>10:10 - 10:40</u> ~TIGER TOTS~ Age 4 & 5
<u>5:10 - 5:50</u> ~ JUNIOR ~ YELLOW TO GREEN ST	<u>5:10 - 5:50</u> ~ JUNIOR ~ WHITE TO YELLOW ST	<u>5:20 - 6:00</u> ~ JUNIOR ~ RED TO BLACK	<u>5:10 - 5:50</u> ~ JUNIOR ~ WHITE TO YELLOW ST	<u>5:10 - 5:50</u> ~ JUNIOR ~ YELLOW TO GREEN ST	<u>10:40 - 11:20</u> ~ JUNIOR ~ YELLOW TO GREEN ST
<u>5:50 - 6:30</u> ~ JUNIOR ~ GREEN TO BLUE ST	<u>5:50 - 6:30</u> ~ JUNIOR ~ BLUE TO RED	<u>6:00 - 6:30</u> ~TIGER TOTS~ Age 4 & 5	<u>5:50 - 6:30</u> ~ JUNIOR ~ BLUE TO RED	<u>5:50 - 6:30</u> ~ JUNIOR ~ GREEN TO BLUE ST	<u>11:20 - 12:00</u> ~ JUNIOR ~ GREEN TO BLUE ST
<u>6:30 - 7:10</u> ~ JUNIOR ~ BLUE TO RED	<u>6:30 - 7:10</u> ~ JUNIOR ~ RED TO BLACK	<u>6:30 - 7:10</u> ~ JUNIOR ~ WHITE TO YELLOW ST	<u>6:30 - 7:10</u> ~ JUNIOR ~ RED TO BLACK	<u>6:30 - 7:10</u> ~ JUNIOR ~ BLUE TO RED	<u>12:00 - 12:40</u> ~ JUNIOR ~ BLUE TO BLACK
<u>7:10 - 7:50</u> ~ JUNIOR ~ RED TO BLACK	<u>7:10 - 7:50</u> ~ JUNIOR ~ YELLOW TO GREEN ST	<u>7:10 - 7:50</u> ~ JUNIOR ~ GREEN TO BLUE ST	<u>7:10 - 7:50</u> ~ JUNIOR ~ YELLOW TO GREEN ST	<u>7:10 - 7:50</u> ~ JUNIOR ~ RED TO BLACK	<u>12:40 - 1:30</u> TEENS & ADULTS ALL BELTS
<u>7:50 - 8:50</u> TEENS & ADULTS ALL BELTS	<u>7:50 - 8:50</u> TEENS & ADULTS ALL BELTS	<u>7:50 - 8:50</u> TEENS & ADULTS ALL BELTS	<u>7:50 - 8:50</u> TEENS & ADULTS ALL BELTS	<u>7:50 - 8:50</u> TEENS & ADULTS ALL BELTS	

✂ DOWNLOAD 'ZEN PLANNER MEMBER APP' TO RESERVE AND CHECK-IN TO THE CLASSES.

✂ Because we provide flexibility to attend any classes throughout the week, unused classes during that week cannot be transferred to other weeks.

✂ Please visit office for further information.