



CORNWALL NEWSLETTER

2025 FEBRUARY



SUN	MON	TUE	WED	THU	FRI	SAT
Self Defense	27	28	29	30	31	1
Pattern Sparring						
B-Kick B-Hand						
A-Basic B-Punch						
2	3	4	5	6	7	8
KICKING (White to Yellow) & SPARRING WEEK (Green str. and up)						
9	10	11	12	13	14	15
16	17 SCHOOL CLOSE -Family Day-	18	19	20	21	22 Dynamic Skills Challenge
KICKING (White to Yellow) & SPARRING WEEK (Green str. and up)						
23	24	25	26	27	28	1

KICKING & SPARRING WEEK

MON, FEB 03 – SAT, FEB 08
TUE, FEB 18 – SAT, FEB 22
 (Green St & Up, Must bring gear)

5th DYNAMIC SKILLS CHALLENGE

INTER-SCHOOL TOURNAMENT

SAT, FEB 22 @ 2:00 PM

CORNWALL LOCATION

- Open for all ages and all belt levels
- (Please wear your full uniform and belt)

137th COLOUR BELT TEST

TIGER TOTS & JR WHITE	SAT, MAR 8 @ 2:30 PM
JR YELLOW ST & UP	SAT, MAR 8 @ 2:30 PM
TEENS & ADULTS	FRI, MAR 7 @ 8:30 PM

SCHOOL CLOSURE

MON, FEBRUARY 17

*In observance of Family Day
 (No makeup class for holiday closure)