




SUN	MON	TUE	WED	THU	FRI	SAT
Self Defense	2	3	4	5	6	7
Pattern Sparring	KICKING (White to Yellow) & SPARRING WEEK (Green str. and up)					
B-Kick B-Hand						
A-Basic B-Punch						
8	9	10	11	12	13 135 th Colour Belt Test Teens & Adults	14 135 th Colour Belt Test Tots & Juniors
Stripe Week / Testing Review Week						
15	16	17	18	19	20	21
22	23 Ugly Christmas Sweater Class 	24	25 Christmas Day	26 Boxing Day	27	28
- HOLIDAY SCHOOL CLOSURE -						
29	30	31 New Year's Eve	1 New Year's Day	2	3	4
- HOLIDAY SCHOOL CLOSURE -						

KICKING & SPARRING WEEK

MON, DEC 2 – SAT, DEC 7

(Green St & Up, Must bring gear)

NEW CLASS SCHEDULE STARTS

MON, DEC 16

UGLY CHRISTMAS SWEATER CLASS

MON, DEC 23

***Reserve your spot at the Zen Planner**

SCHOOL CLOSURES

TUE, DEC 23 – THU, DEC 26

MON, DEC 30 – WED, JAN 1

135th COLOUR BELT TEST

**TIGER TOTS
& JR WHITE**

**SAT, DEC 14
@ 2:15 PM**

**JR YELLOW ST
& UP**

**SAT, DEC 14
@ 2:15 PM**

**TEENS
& ADULTS**

**FRI, DEC 13
@ 8:30 PM**

WINTER NOTICE

In case of **HEAVY SNOW**, our school may **CLOSE** for safety reasons. Please stay informed by checking for updates on **FACEBOOK, INSTAGRAM, DYNAMIC TKD APP**, and **E-MAIL**.