



2024 AUGUST BRISTOL NEWSLETTER



SUN	MON	TUE	WED	THU	FRI	SAT
Self-Defense	29	30	31	1	2	3 SCHOOL CLOSED -BBQ Party-
Pattern Sparring						
B-Kick B-Hand						
A-Basic B-Punch						
4	5 SCHOOL CLOSED -Civic Holiday-	6	7	8	9	10
	KICKING (White to Yellow) & SPARRING WEEK (Green St & Up)					
11	12	13	14	15	16	17
	- Summer Camp Week #5 (classes ongoing) -					
18	19	20	21	22	23 132 nd Teens & Adults Belt Test	24 132 nd Colour Belt Test
	- Summer Camp Week #6 (classes ongoing) -					
25	26 Belt Presentation	27	28	29	30	31

ANNUAL BBQ PARTY

SATURDAY, AUG 3

***SCHOOL CLOSED (NO CLASSES)**

*Please buy tickets at the front desk

SCHOOL CLOSED

MONDAY, AUG 5

*In observance of Civic Holiday

***NO make-up class for this closure**

132nd BELT CEREMONY

MONDAY, AUG 26

5:45 PM – 7:15 PM

*Receiving new belts, certificates, and awards

*Please wear a full uniform and current belt

***NO Classes for Jr. Yellow & Up, Teens & Adults**

132nd COLOUR BELT TEST

SATURDAY, AUG 24

TIGER TOTS & JR WHITE – 2:15 PM

JR YELLOW ST & YELLOW – 3:15 PM

JR GREEN ST & UP – 4:15 PM

FRIDAY, AUG 23

TEENS & ADULTS – 8:45 PM

SPARRING WEEK

TUE, AUG 6 – SAT, AUG 10

*Green St & Up must bring Sparring Gear

*Please arrive 15 minutes earlier