



2024 APRIL BRISTOL NEWSLETTER



SUN	MON	TUE	WED	THU	FRI	SAT
Self-Defense	1	2	3	4	5	6 BB Seminar #2
Pattern Sparring	-School Open-					
B-Kick B-Hand						
Basic B-Punch						
7	8	9	10	11	12	13 BB Seminar #3
KICKING (White to Yellow) & SPARRING WEEK (Green St & Up)						
14	15	16	17	18	19	20 BB Seminar #4 21 st Black Belt Test
21	22	23	24	25	26	27 129 th Colour Belt Test
28	29 129th Belt Ceremony	30	1	2	3	4

SPARRING WEEK

MON, APR 8 – SAT, APR 13

*Green St & Up

*Please bring your Sparring Gear

21st BLACK BELT TESTING

SATURDAY, APRIL 20

3:30 PM – 6:30 PM

*All candidates must attend the seminars

*Everyone is welcome to watch

2024 SON'S PREMIER

TAEKWONDO CHAMPIONSHIP

SATURDAY, MAY 11

*Aged 6 & above | Green St & Up only

*Please discuss with Mr. T

129th COLOUR BELT TEST

SATURDAY, APRIL 27

TIGER TOTS & JR WHITE – 1:30 PM

JR YELLOW ST & YELLOW – 2:30 PM

JR GREEN ST & UP – 3:30 PM

TEENS & ADULTS – 5:30 PM

129th BELT CEREMONY

MONDAY, APRIL 29

5:45 PM – 7:15 PM

*New Belt & Certificate

*Student Awards | Pizza Party

*Please wear a full uniform and current belt

***NO Classes for Jr. Yellow St & Up, Teens & Adults**