

Activities

- TAEKWONDO
- SELF-DEFENSE
- GROUP ACTIVITIES
- ARTS & CRAFTS
- FIELD TRIP
- MINI OLYMPICS
- MOVIE & PIZZA
- COMPLETION CERTIFICATE
- TRAINING JOURNAL



**MARCH
CAMP**

CONTACT US



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MARCH Camp





2024 DYNAMIC TAEKWONDO MARCH CAMP SCHEDULE

TIME	MON	TUE	WED	THURS	FRI
8:30 am	DROP OFF				
9:00 am	Introduction/ Warm ups				
9:30 am	Orientation	Bully Proofing Workshop	Mindset Workshop	Stranger Danger	TKD Training
10:15 am	Morning Snack (Bring your own snacks)				
10:30 am	TKD Training	Arts & Crafts	TKD Training	Arts & Crafts Lunch (Bring your own lunch)	Mini Olympic
11:15 am					Movie & Pizza Time
12:00 pm	Lunch (Bring your own lunch)				Movie & Pizza Time
12:30 pm	TKD Training			Field Trip "KIDS SPORTS"	
1:45 pm	Group Games				Group Games
3:00 pm	Break/ Snacks				
3:45 pm	Meditation/ Training Journal				
4:00 pm	PICK UP				

OUR CAMP HELPS CHILDREN ATTAIN

- Unshakeable, Self - Confidence
- Improve Grades
- Respect for Others
- Leadership Skills
- Increased Attention Span
- Better Coordination
- Lifelong Goal Setting Skills
- March Break is not the time to let the progress made throughout the school year slip away

WHAT WILL WE DO?

- Taekwondo
- Self -Defense
- Group Activities
- Arts & Crafts
- Field Trip (TBA)
- Mini Olympics
- Movie & Pizza Party
- Completion Certificate
- Training Journal

WHAT TO BRING?

- Books (No Toys allowed)
- Water Bottle & Extra Drinks
- Nut Free Lunch & Snacks
- Snow or Cold Weather wears(for field trip)
- Extra Change of Clothes
- Taekwondo Uniform & Belt (member)
- Comfortable Clothes (non-member)
- Dynamic Taekwondo Camp T-Shirts

FULL WEEK CAMP (8:30-4)
\$379 (+tax)

All full week campers will get a Dynamic camp T-Shirts for free.

Early drop off and Late pick up is available with extra cost.

Early register gets 10% off from regular camp fees. /Expires JAN 15

Camp is only for age 6 and up only.

* Please note this is a general draft. Schedule changes may occur. Field trip place will be notified.